



PHOENIX FLYER

ISSUE 04 • October 2020

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MESSAGE FROM HEADTEACHER



What a great start of this new academic year it has been! All staff at Phoenix are so proud of all the work the children have completed so far and how enthusiastic they are about their learning!

We are aware that it has been a while since the children were back in the classroom and had a school/home routine. Therefore we are adjusting things accordingly to enable that smooth transition between home and school again.

As you know I am leaving my post at Phoenix - I will be sad to say goodbye to all my students at Phoenix but will take with me so many wonderful memories. It has been an honour and a privilege to serve this community.

We have included some information about COVID related absence and how to evaluate if your child and your family need to isolate/book a COVID test - we understand this is a worrying time and we are here to help and support you if we can.

Best Wishes, Miss Paczuska

Poetry Success

We are so proud of Abbigale and Amy for winning Poetry Awards during lockdown - here are the winning poems - well done girls - brilliant achievement!

DAD'S POCKET

Money from the bank for games on the console.
Phone to contact humans.
Cough sweets so he doesn't cough.
A tissue.

Abbigale Oglesby (age 8)
Phoenix St Peter Academy



LIGHT & DARK

How the light
fills the room at day
comes with you everywhere you go when you're happy
makes you feel good every day
shines at your coins and mirrors
got replaced by light bulbs
makes you see your shadows.

How the dark
fills the bottom of the sea
hides under you every night
fills you when you're sad
takes over when the sun has gone
makes you miserable
goes under anything at all
fills your head when you close your eyes.

Amy Parks (age 9)
Phoenix St Peter Academy



GOLDEN BOOK & READING CHAMPION AWARDS

GOLDEN BOOK 25th Sept

- YR: Lilyana Lapping
- Y1: Sam Atkin.
- YR 2 - Henry Harding
- YR 3 - Mason Lakey
- YR 4 - Alethea Smith
- YR 5 - Lily Woolmer-Crosswell.
- YR 6 - Finley Holland

READING CHAMPIONS

- 25th Sept**
- YR - Malachy Hescott
- Y1 - Charlie Morgan
- YR 2 - Riley Furborough
- YR 3 - Isabella Chilver
- YR 5 - Mason Lubbock
- YR 6 - Joseph Impson

2nd Oct

- YR - Steve Buckley
- YR 1 - Thomas Barnard
- YR 2 - Trixabella Fryer
- YR 3 - Lacey Collison
- YR4 - Emily Cook & Hadleigh Hitcham
- YR 5 - Daisy Dews
- YR 6 - Emma-Louise Albion

2nd Oct

- YR - Abigail Chilver
- YR 1 - Jacob Jinks
- YR 2 - Elliot Trelawny-Gower
- YR 3 - Tigerlilly Fryer
- YR 4 - Harriett Anderson-Caplin & Imogen Messenger
- YR 5 - Layla Newrick
- YR 6 - Camilla Axelsen-Gee

WORLD MENTAL HEALTH DAY

Every year, World Mental Health Day is held on **10th October**. The day is dedicated to promoting the understanding of mental health education, awareness and advocacy. Making sure you look after your mental health is just as important as looking after your physical health. Here are some suggestions that everyone can try, to help manage stress and look after your mind:

Practise **meditation** or **mindfulness** to calm down and reduce anxiety. There are lots of ways to include mindfulness in your day - you can take time to focus on your breathing or try out mindfulness colouring.

A few times a week, take time out to do **exercise**. Whether it's going for a walk or attending a yoga class, exercise is a great way to de-stress and look after your mind and body.

Have a **digital detox**. Phones and social media can cause us to feel anxiety and pressure. Taking some time away from technology, whether it's short breaks away from your phone for a day where you limit all technology, can be really helpful for reducing stress and worry.

Talk it out. If you're ever worried about your mental health or start to feel like you're becoming stressed or anxious, talking to someone you trust, such as a friend or family member, is a great way to calm yourself down and look after yourself.



TOPIC THIS TERM - SCIENCE

From Monday 5th October, children at Phoenix will be starting their science units. During science, children find out about the world around them and explore scientific ideas through experiments and discussions. Below are the fertile questions that children will be exploring at Phoenix:

Year 1: What makes up a human body? Why are our senses so important?

Year 2: What do humans and animals need to survive and grow?

Year 3: How do sources of light effect everyday life?

Year 4: How does sound travel? How do we hear different sounds?

Year 5: How do the different states of matter influence the way products are used? (focusing on reversible and irreversible change)

Year 6: How does light travel and what is the effect on shadows?

RECEPTION CLASS - PORTRAITS

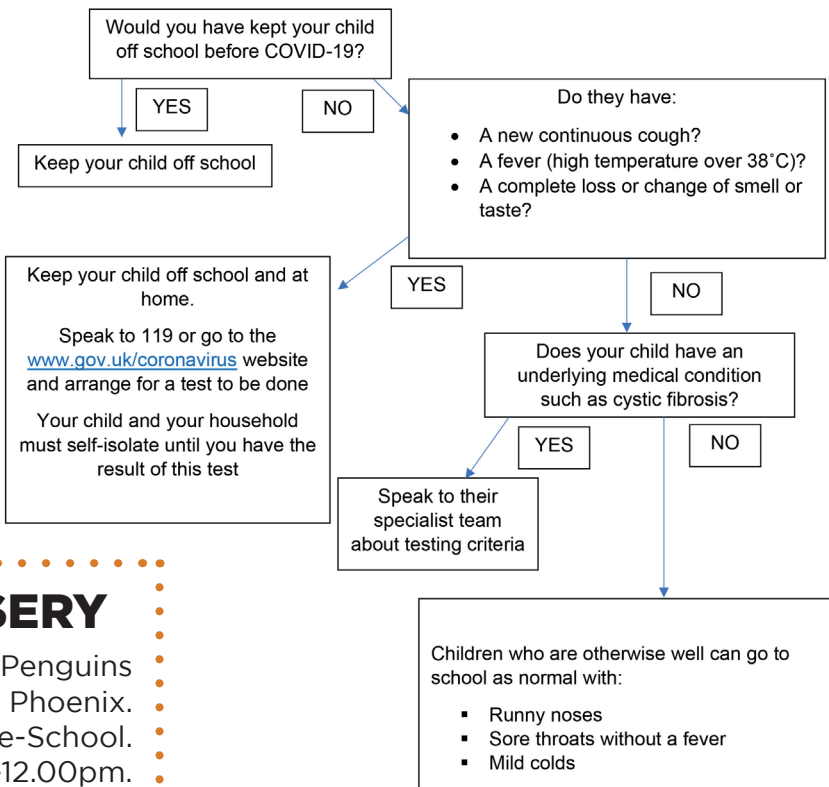


Some lovely portraits painted in class - well done!!



COVID RELATED ABSENCE

To try and make it easier for parents to decide if they should send their child to school when ill or if they need to book a COVID test for the family follow the below flowchart - but remember if there is a persistent cough (more than 3 coughing fits in 24 hours), a high temperature or loss of taste or smell you must follow government guidance and book a test. Please always call into the school office to let us know if your child is unwell and unable to attend school.



WELCOME PENGUINS NURSERY

We want to give a big welcome to St Peters Penguins Pre-School which is the new nursery running at Phoenix. Penguins are a small friendly committee run Pre-School. The sessions are Monday to Friday 9.00am -12.00pm. Monday to Wednesday 12.30pm - 3.30pm term time only.

The Penguin team consists of 5 members of staff. The Pre School is set up in the nursery within the school with 1 large room and a nice secure outdoor space.

The starting age of our children can be from 2 years old and they can stay with Penguins until the term before they are due to start Reception.

We welcome all children and their families to our setting and aim to provide a safe, caring, fun and culturally diverse environment in which to come and play and learn.

We accept children that are not potty/toilet trained.

penguinspreschool@yahoo.com

Telephone no: 07765198523

KEY DATES THIS TERM

Last day of half term: Friday 23rd October 2020 (finish at 2pm for Staff Training)

Half Term: Monday 26th October 2020 to Friday 30th October 2020

School Closed for Staff Training: Monday 2nd November 2020

Children return: Tuesday 3rd November 2020

Term ends: Friday 18th December 2020