

September 2021

Dear pupils,

There have recently been some changes in the law, which means that we have to make some changes to the food that we serve you in school.

Did you know that some food can be dangerous for some of us to eat? This is because some people have allergies to certain types of food, which means that we have to be very careful about the ingredients that we use. If someone is allergic to a type of food, and then they eat that food, it can make them very unwell – sometimes they can be sick, have an upset stomach, or even find it difficult to breathe properly.

There have been some stories in the news where shops have sold food, like sandwiches, and they haven't put a full list of ingredients on the food label, which means that a person who was allergic didn't know they were eating something that was going to make them unwell. This is why the law has changed, so that anyone who serves you food that you have paid for has the responsibility to tell you what's in the food that you are eating.

This means that we have had to make some changes to the food that we serve to you, and changes to the way that we serve the food - you may have already noticed some of them! We may have changed some of the ingredients that we use in the food that we cook in the school kitchen. You might be used to sandwiches or packed lunches being wrapped in cling film or covered with lids, but we can't do that at school anymore because of the change in the law. If we have food delivered from shops outside of school, you may notice that we remove packaging, take off lids, or transfer it to a school plate or bowl, so that we can check it carefully and be certain that there aren't any ingredients that someone is allergic to.

If you have any worries about the food that you are eating, or if you have any questions about the change that has happened in the law, or the changes that we have made in school to the food that we serve, please ask one of the adults. If we don't know how to solve your worry or answer the question straight away, we will get help from an expert, and then come back to explain it to you.

Happy eating!

Mrs Formby, Catering Manager